

Volleyball Worksheet

1. What country did volleyball originate in?
2. Who developed volleyball?
3. What year was volleyball developed?
4. Originally it was a mixture of what 3 sports?
 - (1)
 - (2)
 - (3)

By 1925, the rules gradually changed to the game we know today.

5. _____ players per team.
6. Play begins with a _____.
7. Where do you serve from?
8. Can the ball touch the net on the serve in rally scoring?
9. Ball must be returned in _____ hits or less
10. Can the ball ever touch the floor?
11. Can back-row players attack, spike, or block at the net?
12. Can a player hit the ball twice in a row? What is the exception?
13. Can players hold, lift, or carry the ball?
14. The serve must be received with a _____, if it is returned (over the net) on that hit.
15. A player may not cross over the _____.

SCORING:

A point is scored when:

(1)

(2)

(3)

(4)

Describe Rally Scoring:

TERMS: Match the following terms

- | | | |
|-----------------|-----------------|------------------------|
| A. Fault (Foul) | H. Attacker | N. Back-Set |
| B. Held Ball | I. Kill | O. Block |
| C. Double-Hit | J. Match | P. Bump (Forearm Pass) |
| D. Carry | K. Rally/Volley | Q. Dig |
| E. Ace | L. Side-Out | R. Dink |
| F. Approach | M. Serve | S. Set (Overhead Pass) |
| G. Spike | | |

- _____ 20. any violation of the rules of the game
- _____ 21. a hard-driven shot at the net made by an attacker/hitter
- _____ 22. when a team loses possession of the ball
- _____ 23. a front-row player, also known as a hitter
- _____ 24. a spiked ball that is not returned
- _____ 25. a skill that begins game play
- _____ 26. an offensive drop shot
- _____ 27. a serve that is not returned (no opposing player touches it)
- _____ 28. a skill that sets up the ball for the attacker/hitter
- _____ 29. best of three, or best of five games
- _____ 30. a set that is set to the attacker/hitter behind the setter
- _____ 31. when the ball is passed back and forth between the two teams any number of times with no faults or points scored.
- _____ 32. skill most often used to receive a serve
- _____ 33. a series of 4 quick steps that a hitter takes before spiking the ball

_____ 34. an individual defensive strategy; one-armed desperation play to save a hard- driven shot

_____ 35. may be called when a player does not contact the ball cleanly

_____ 36. an attempt by one or more defensive players to obstruct a spike at the net made by the opposing team.

_____ 37. when a player hits the ball twice in a row (with no other player touching it in- between).

_____ 38. when a player receives the ball and holds it for a short period of time before sending it aloft over the net or to another player.